

Resources

✓ Research Publications:

- Tanofsky-Kraff M, Bulik CM, Marcus MD, Striegel RH, Wilfley DE, Wonderlich SA, et al. Binge eating disorder: the next generation of research. *Int J Eat Disord*. 2013;46:193-207.
- Iacovino JM, Gredysa DM, Altman M, Wilfley DE. Psychological treatments for binge eating disorder. *Curr Psychiatry Rep*. 2012;14:432-446.
- Wilfley DE, Iacovino JM, Van Buren DJ. Interpersonal psychotherapy for eating disorders. In: Markowitz JC, Weissman MM, eds. *The Casebook of Interpersonal Psychotherapy*. New York, NY: Oxford University Press; 2012.

✓ Books:

- *Overcoming Binge Eating* by Christopher G. Fairburn
- *Interpersonal Psychotherapy for Group* by Denise E. Wilfley, K. Roy MacKenzie, R. Robinson Welch, and Virginia E. Ayres

✓ Organizations with Online Resources:

- Academy for Eating Disorder (AED): <http://www.aedweb.org/>
- Binge Eating Disorder Association (BEDA): <http://www.bedaonline.com/>
- Families Empowered and Supporting Treatment of ED's (FEAST): <http://www.feast-ed.org/>
- National Eating Disorders Association (NEDA): <http://www.nationaleatingdisorders.org>