Resources

✓ Research Publications:

✓ Books:
  o *Overcoming Binge Eating* by Christopher G. Fairburn
  o *Interpersonal Psychotherapy for Group* by Denise E. Wilfley, K. Roy MacKenzie, R. Robinson Welch, and Virginia E. Ayres

✓ Organizations with Online Resources:
  o Academy for Eating Disorder (AED): http://www.aedweb.org/
  o Binge Eating Disorder Association (BEDA): http://www.bedaonline.com/
  o Families Empowered and Supporting Treatment of ED’s (FEAST): http://www.feast-ed.org/
  o National Eating Disorders Association (NEDA): http://www.nationaleatingdisorders.org