

### LEARNING ACTIVITY

1. Define the key terms and concepts from this model:
  - Occupations
  - Occupational performance
  - Person
  - Environment
  - Human agency
  - Transactional relationship
  - Intrinsic factors of the person
  - Extrinsic factors of the environment
  - Basic properties of an occupation (hierarchy)
    - o Abilities
    - o Actions
    - o Tasks
    - o Occupations
    - o Social and occupation roles

2. Construct a Venn diagram depicting the following:
  - How occupational performance and participation is the outcome of 1) person factors, 2) occupations, and 3) environmental factors
  - How occupations are composed of 1) abilities, 2) actions, and 3) tasks
3. Complete Table 10-2 based on this model.

### REFERENCES

American Occupational Therapy Association. (2002). The occupational therapy association practice framework: Domain and process. *American Journal of Occupational Therapy*, 56, 609–639.

Baron, K., Kielhofner, G., Iyenger, A., Goldhammer, V., & Wolenski, J. (2001). *The occupational self-assessment (OSA)* (Version 1.2). Chicago, IL: Model of Human Occupation Clearinghouse.

Baron, K., Kielhofner, G., Iyenger, A., et al. (2002). *The occupational self-assessment (OSA)* (Version 2.0). Chicago, IL: Model of Human Occupation Clearinghouse.

Baum, C. M., & Edwards, D. (2001). *Activity card sort*. St. Louis, MO: Washington University.

Table 10-2

### Template for Analysis Worksheet

Title of Model or Frame of Reference \_\_\_\_\_

Theoretical Components	Summary
<b>Focus</b> (OT framework domains, practice areas, health conditions, or specific populations)	
<b>Theorists</b> (Whose theories have contributed?)	
<b>Function</b> (How does theory view healthy or optimal functioning?)	
<b>Disability</b> (How is disability defined?)	
<b>Change</b> (How does change occur, according to this theory?)	
<b>Motivation</b> (What motivates a client to change?)	
<b>Evaluation</b> (What formal or informal assessments are offered?)	
<b>Intervention Guidelines</b> (What specific therapeutic techniques or strategies have been developed?)	
<b>Research</b> (To what extent has this theory been validated through research?)	